

November 28, 2005

Dear Colleagues:

As I am sure you are aware, The Child Nutrition Program (CNP) and the Women, Infants, and Children's Program (WIC) Reauthorization Act of 2004 (Public Law 108-265) requires that each local educational agency participating in a program authorized by the Richard B. Russell National School Lunch Act or the Child Nutrition Act of 1966, establish a local school wellness policy by June 30, 2006.

In this regard, the Nevada Action for Healthy Kids state team has received funding to develop a physical activity resource guide book that will be disseminated to all Nevada K-12 public schools. It is our hope that the contents will assist Nevada schools' efforts to encourage students as well as their entire school community to engage in regular physical activity.

Our vision for the guide is that first and foremost, it is a Nevada resource. By this, we mean that the content of the book should be specific to Nevada and should have contributions from experts across our state, within and outside the realm of public school education. In addition, we envision that the book will highlight existing Nevada model programs and tell the story of what is working and how it was made possible. In doing so, it is our hope to connect Nevadans to one another in their efforts to support school aged children to be physically active. Therefore, we sincerely hope that you will consider contributing to this resource and encourage others with expertise in this area to do so as well.

Attached you will find a copy of the preliminary Table of Contents of the guide book which should provide you with clear understanding of its scope. Additionally, you will find contribution submission forms in the areas of before, during, and after school program ideas, activity break ideas, ideas that could be used in the school environment to encourage physical activity, and identification of physical activity resources in Nevada.

Our intent is to have the book completed by May of 2006. Therefore, we are asking for receipt of potential contributions by December 15, 2005 via email attachment to monica.lounsbery@unlv.edu. Should your contribution be selected for inclusion in the book, you and/or your organization will receive acknowledgement in the preface of the book as well as authorship of your contribution. In addition to submitting potential contributions yourself or on behalf of your organization, please help by forwarding this email request to others and encourage them to submit contributions as well.

Thank you in advance for your commitment to the health and well-being of Nevada's school aged children and for your contribution to what we hope will be a valuable resource to all K-12 Public schools in the state of Nevada.

Sincerely,

Monica Lounsbery, Ph.D.
Nevada Action For Healthy Kids
University of Nevada-Las Vegas
4505 Maryland Parkway
P.O. Box 453002
Las Vegas, NV 89154-3031
(702) 895-5057

Dr. Monica Lounsbery, Chair
Department of Sports Education Leadership
University of Nevada, Las Vegas
4505 Maryland Parkway